

Ladder Safety

Employee Name:

1. Ladders are rated according to their load capacity. **T / F**
2. Ladders should be checked every month for damage even if the ladder is only used a couple of times each week. **T / F**
3. You should have at least both hands and one foot or both feet and one hand in contact with the ladder at all times. **T / F**
4. It is OK to use the top of a step ladder as a seat. **T / F**
5. Never use a metal ladder on or around electrical elements. **T / F**
6. Side rails of extension ladders must extend at least 3 feet above upper landing surface. **T / F**
7. Step ladders are used for tasks lower to the ground. **T / F**
8. Portable ladders found to have structural defects should immediately be marked or tagged "DO NOT USE" and taken out of use until repaired. **T / F**
9. If a ladder cannot be properly repaired, it must be destroyed and discarded. **T / F**
10. For every four feet in height from the ground to where the ladder is touching the support at the top, the bottom of the ladder should be two feet away from the wall. **T / F**