



Rutherford County, Tennessee

# Smart Steps Wellness Program

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May 2020 10/1-Present				
Type	Topic	Location	2020 YTD	2019 YTD
Motivate Me	Annual Physicals	Clinics & PCP	888	1408
Motivate Me	Biometric Screenings	Clinics & PCP	1391	1377
Motivate Me	Health Assessments	Online	343	516
Motivate Me	Mammograms	Clinics & PCP	571	615
Motivate Me	OB/GYN Screenings	Clinics & PCP	879	951
Motivate Me	Colon Cancer Screenings	Clinics & PCP	263	235
Motivate Me	Cervical Cancer Screenings	Clinics & PCP	784	884
Motivate Me	Prostate Exam Screenings	Clinics & PCP	253	244
Motivate Me	Flu Shots	Clinics & PCP	1873	1699
<b>Motivate Me</b>	<b>Goal Met</b>	<b>All</b>	<b>1488</b>	<b>1703</b>

**\*\*7027 EE & SP eligible as of 4/21/2020**

CURRENT AND UPCOMING ACTIVITIES: 2020				
Type	Topic	Location	Date	Time
Mobile Mammography	Creating Onsite Schedule	Various	Aug	TBD
Wellness On Wheels	Digital Wellness and Benefit Meetings for County General and BOE	Digital	TBD	TBD

Please post for those with limited email access. 615-898-7715 <http://rm.rutherfordcountyttn.gov/wellness-program.html>